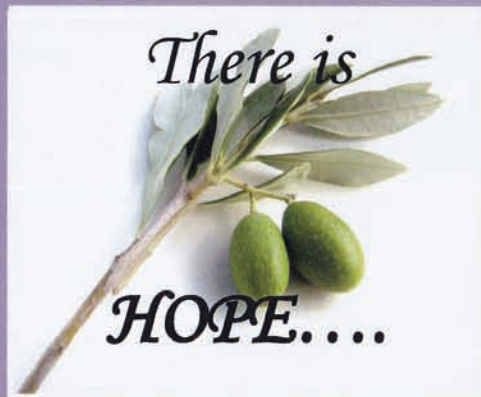


*And then the day
came when the
pain it took to
hang on was far
greater than the
pain it took to let
go.*

—Unknown



RESOURCES

- **Family Violence Information Line**
310-1818 (Over 130 languages)
- **Child Abuse Hotline**
1-800-387-KIDS (5437)
- **Peace Regional Victim Services**
780-624-6626
- **Peace River Women's Shelter**
780-624-3466
- **Mental Health Services**
780-624-6151
- **Crisis/Suicide**
1-800-232-7288
- **Alberta Addictions Services**
780-624-6193

**North Peace Society for the
Prevention of Domestic Violence**

Telephone 780-624-8235

Cellular 780-618-8637

Fax 780-624-5901

Email npspdv@telus.net

Po Box 6176 9613 100th Street
Peace River, AB T8S 1S2

Funding Provided by:



STEPPING UP

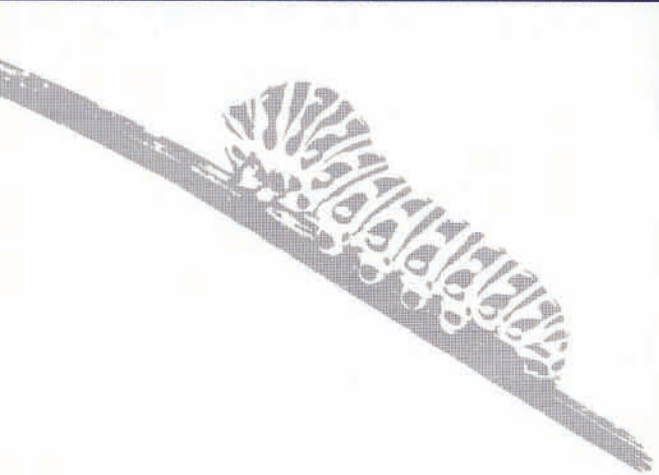
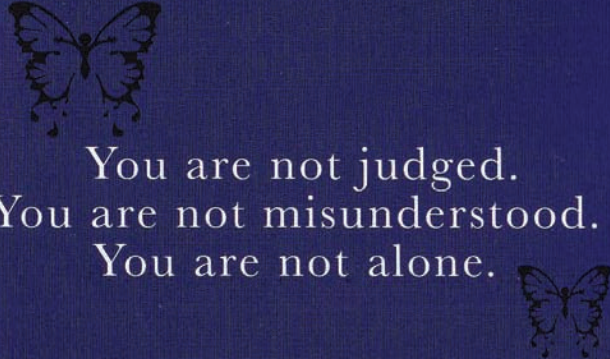
Domestic Violence

Treatment Program

Death leaves a heartache
no one can heal
Love leaves a memory
no one can steal

The journey of a
thousand miles begins
with a single step

You are not judged.
You are not misunderstood.
You are not alone.

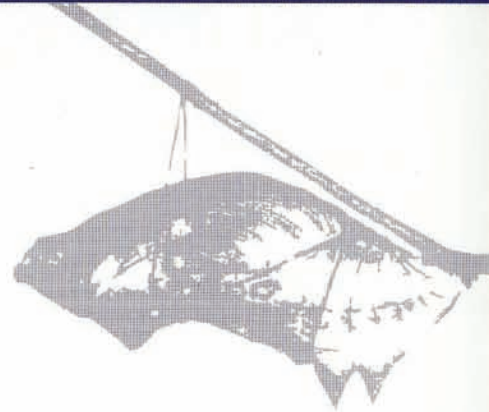


When a Loved One is Murdered

Facing the death of a loved one is never easy, but when murder occurs, pain, anger, and grief are compounded by the realization that a precious life was taken intentionally.

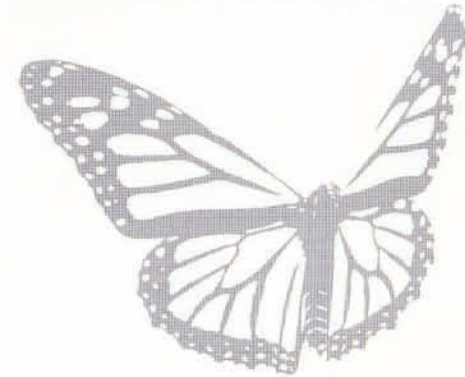
Intrusions into a family's grief add to their trauma. Police, lawyers and others need information, evidence, and testimony, and the media often discuss the victim without consulting the family.

The VOH is a safe place to express the anger and sadness after a loss by homicide.



Strength After Violence

- Ongoing emotional support is needed to help families and friends deal with the pain of a loss, and to slowly rebuild their lives.
- A meeting place where bereaved people come together on a regular basis to share their grief and recovery.
- Information about the grief process and the justice system as they pertain to survivors of a homicide victim.



What Happens at a Meeting?

Most meetings begin with an introduction and the sharing of stories by survivors telling of their loss. Often, there is a topic to guide discussion, such as the grief process, the criminal justice system, or favorite memories. Meetings usually revolve around members' own knowledge and experiences. Guest speakers are invited regularly to present information, as well.

**The Edmonton Victims of
Homicide Support Society hold
regular meetings on the last
Monday of every month.**