

Victims of Homicide

The VOH is a self help group designed to offer emotional support and information about surviving the loss of a loved one to murder.

*We must
embrace pain
and burn it
as fuel for our
journey.*

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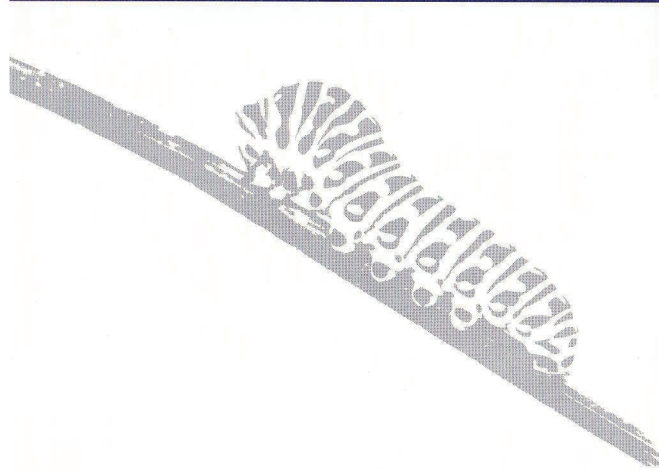


Families Coping
with Death by Violence

Death leaves a heartache
no one can heal
Love leaves a memory
no one can steal

The journey of a
thousand miles begins
with a single step

You are not judged.
You are not misunderstood.
You are not alone.

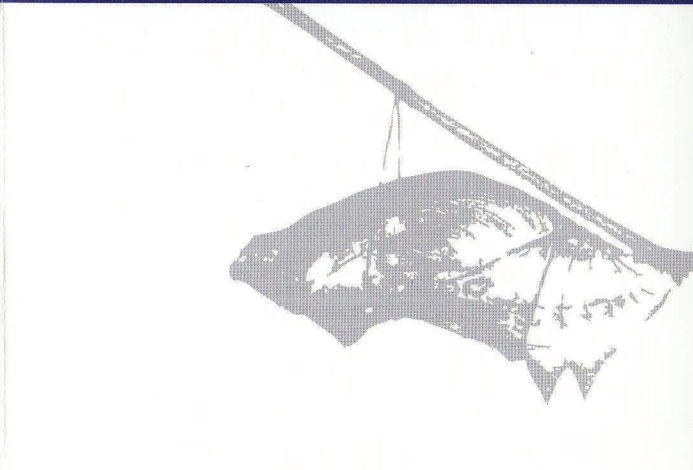


When a Loved One is Murdered

Facing the death of a loved one is never easy, but when murder occurs, pain, anger, and grief are compounded by the realization that a precious life was taken intentionally.

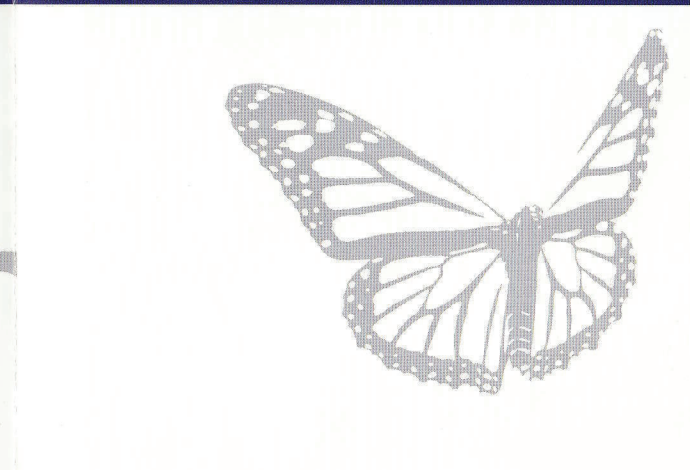
Intrusions into a family's grief add to their trauma. Police, lawyers and others need information, evidence, and testimony, and the media often discuss the victim without consulting the family.

The VOH is a safe place to express the anger and sadness after a loss by homicide.



Strength After Violence

- Ongoing emotional support is needed to help families and friends deal with the pain of a loss, and to slowly rebuild their lives.
- A meeting place where bereaved people come together on a regular basis to share their grief and recovery.
- Information about the grief process and the justice system as they pertain to survivors of a homicide victim.



What Happens at a Meeting?

Most meetings begin with an introduction and the sharing of stories by survivors telling of their loss. Often, there is a topic to guide discussion, such as the grief process, the criminal justice system, or favorite memories. Meetings usually revolve around members' own knowledge and experiences. Guest speakers are invited regularly to present information, as well.

**The Edmonton Victims of
Homicide Support Society hold
regular meetings on the last
Monday of every month.**